



## December 8, 2021 Meeting Minutes

Call NAB Meeting to order on December 8, 2021 at 6:38 PM in Room 198-C

### **Welcome, Introductions, Sign-In**

#### **Secretary's Report/Minutes Review-Jamie Young:**

\*Motion to Approve November Minutes: Carrie Modreski Second: Kim Masterson Approved: YES

#### **Treasurer's Report- Tim Beaty: Tim absent: President; Sheri VanKirk reported.**

\*Motion to Approve November Budget Report: Carrie Modreski Second: Hermant Sardar  
Approved: YES

-Good November; brought in a little over \$5,000.00 (from concessions, craft show & tastefest).

Expenses/payouts: first season payouts to the athletic office.

\*Motion to Increase Strength & Conditioning Budget from \$10,000.00 to \$20,000.00: Sara Erskine  
Second: Carol Aurilia Approved: YES

-Please see Athletic Director's report (Section titled Strength & Conditioning Coach (Contracted)) for more information on Strength & Conditioning Coach responsibilities, requirements, and hours.

-Other information on the Strength & Conditioning: Currently \$80.00 is paid for the position; \$30.00 is paid by the boosters leaving each program to cover the remaining \$50.00.

-Questions:

Q. Is the position filled? A. No, but in discussions with Impact as coaches are happy with them. This would be a Novi School District Position but maybe filled through Impact.

Q. Has district approved funds? A. No, but in meetings it has been well received and should not be an issue.

Q. How will word get out? A. Flyers, coaches, boosters and website.

#### **President's Report-Sheri VanKirk:**

\*Vibe Credit Union Contest Video- Vibe is running a contest which recognizes 501C3's in the community. We must submit a video about what we do. It will be shared and then voted on. Will run in February. We can win a share of \$6,000.00. More to come!

\*Community Rewards: Flyers I the back. Please sign up; so far we have had about \$200 in from Kroger and about \$900 from Buschs.

#### **Athletic Director's Report-Don Watchowski:**

\*Winter Sport Report- most just starting.

-Basketball (Boys)

-Basketball (Girls)

-Bowling (Girls & Boys): First match yesterday.

-Cheerleading (Competitive)

-Figure Skating

-Gymnastics

-Hockey: 4-5 games in.



### **Athletic Director's Report Continued:**

-Pom: Starting Competitions.

-Swim (Boys): First invite this Saturday.

\*Winter Sport Report Continued-

-Wrestling (Boys & Girls): meet tonight

-Unified Basketball: Season starts after the break

-Questions:

Q. What is the standing of Boardercross? A. It is a Club sport but sign up is done through final forms. Has 9 boys & 9 girls. Coach has been found and he is an instructor from Brighton.

\*KLAAs Standings Website- [www.klaasports.org](http://www.klaasports.org)

-Scores, Standings, and All-Conference Teams

-\*Concessions

-Upcoming MHSAA/Extraordinary Events:

1) Wrestling: Oakland County Day #1- Friday, Dec. 17, 4pm

2) Boys Basketball Holiday Showcase- Tuesday, Dec. 21 (all day beginning at Noon)

3)KLAAs Unified Basketball Tournament- Monday, Feb. 14 at 4pm

4)Competitive Cheer Districts- Saturday, Feb. 19, TBD (more than likely, 10am)

5)Hockey Regionals & State Finals (done at the rink)

6)Boys Basketball Regionals- March 14 & 16 (Monday & Wednesday)

\*Masks Procedure- See Novi Athletics Mask Update- Nov. 18, 2021

\*Strength & Conditioning

-Contracted Position

-See "Posting" (\*Strength & Conditioning Coach (Contracted))

-\$20,000 Boosters, \$20,000 District

### **\*Novi Athletics Mask Update (Nov. 18, 2021)**

-Outdoors: Masks are not required outdoors.

-Indoors: Masks may be removed by student- athletes & officials during **active** competition, practice, and warm up activities.

Masks remain required of all other situations and scenarios, including but not limited to:

~On the bench

~While in the locker room

~Halftime (except during warm up) and in between competitions

~Post game activities

~On the bus/transportation

~In the weight room

~While in the hallways

Example: Basketball players while participating in the game can remove their masks, yet while they are on the bench, in the locker room at halftime (exclusion- warm ups), or leaving from the game in our hallways they must mask up.

Masks remain required at all times for:

~Coaches



**\*Novi Athletics Mask Update (Nov. 18, 2021) Continued:**

~Game Personnel

~Spectators

We will support any student-athlete who wants to continue wearing their mask, unless determined as a sport specific safety hazard.

We will adapt and cooperate with the local requirements of each school district when we are their visitors. Therefore, please continue to include a mask as part of your uniform.

We need to take a disciplined approach with these expectations. If we are not diligent in following these expectations or we receive updated guidance, we may need to revert back to mask being required at all times.

Let's all do our part! Thank you for your cooperation and compliance.

-Questions:

Q. Do we know of any schools who are not following the same procedure? A. No

**\*Strength & Conditioning Coach (Contracted)**

-Responsibilities include, but not limited to:

~Oversight and implementation of the Novi HS Athletics Strength & Conditioning Program

~Maintain a safe and productive training environment while adhering to all Novi Community School District, KLAAs, and MHSAA, rules and regulations,

~Institute a strength and conditioning program that incorporated the Novi Athletics core values with proven data driven results.

~As the coordinator of those designated sport programs the selected candidate must be able to design, implement, teach, demonstrate, and supervise proper lifting, speed, agility conditioning, and flexibility techniques appropriate to the high school athlete and designated sport.

~In coordination with our coaching staff, develop a calendar that maximizes productivity

~Oversight and management of the Novi HS Strength & Conditioning/Fitness Center, including equipment recommendations, equipment maintenance, cleaning schedules, and safe practices

~Develop a positive culture providing energy and enthusiasm

~Maintaining public support and loyalty towards the Athletic Department Head Coaches

~Other duties as assigned by the Athletic Director

-Requirements:

~Bachelor's degree in exercise physiology, kinesiology, or similar field of study or an equivalent combination of education and/or experience

~Minimum of two years Strength & Conditioning experience

~NSCA (CSCS) or CSCCa (SCCC) preferred

~First Aid/CPR/AED certification required or willingness to complete

~Excellent written and oral communication skills and a strong attention to detail

~Excellent organization and analytical skills

~Must be a person of high integrity and character and represent Novi HS with the utmost professionalism.

-Hours:

~School Year: Monday-Friday, 3:00-5:00pm, 10 hours fixed per week



**\*Strength & Conditioning Coach (Contracted) Continued:**

~Summer: M/W/F: HS- 9-11am (team), 11-12pm (Girls-open), 12-1pm (Boys-open)

T/TH: HS 9-10am, MS 10-11am

16 hours per week

-Total Hours: 40 total weeks (33 week school year + 7 week summer)

33 weeks x 10 hours/week= 330 hours x \$60/hour= \$19,800

7 weeks x 16 hours/week= 112 hours x \$60/hour= \$6,720

Total: \$26,520

-Plus (1) Coach: 33 weeks x 5 hours/week= 165 hours x \$60/hour= \$9,900

Total: \$9,900

-Full program: 40 total weeks (33 week school year + 7 week summer)

2 coaches for 33 weeks and 1 coach during the summer

Total hours: 607 hours x \$60/hour

Total: \$36,420

-Boosters: Have designated \$10,000 towards Strength & Conditioning for 21-22

Conservative approach rebuilding back from covid

May be able to get some additional funding for 21-22, Looking to expand the budget to \$20,000

**Committee Reports:**

A. Charity Mania- Carol Aurilia

\*Still on football 10 week session. No sales open. So far we have had \$200 in winnings.

\*Next session will be the Superbowl in January and then March Maddness in the spring.

B. Community Rewards- Tierra Turner absent. Covered in president report.

C. Concessions – Chris Krall & Carol Aurilia

\*Made about \$5,000.00. Fall is where we make money. Winter & spring break even.

D. Craft Beer / Wine Night Out – Karan Beaty & Diane Kuzma

\*Having trouble with setting the dates due to other community events conflicting but looking at April 29<sup>th</sup> but worried about prom. Walnut Creek requires a \$500 deposit and sponsor (Dave Madday would fill) needed but would make sure that deposit would not be lost in case of covid, etc. Karen is looking into Tanglewood.

E. Craft Show – Sheri VanKirk

\*Went great! Wrap up meeting will take place in January.

\*Oct. 15<sup>th</sup> date for 2022 show!



## Committee Reports Continued:

### F. Directories- Pati Church

\*Directories were mailed out yesterday. Some money was lost for stamps.

\*Extra copies are in the school store for sales in February.

\*Need to revisit for next year.

### G. Golf Outing- Mike Thompson (absent)

### H. NAB Scholarships- Angie Shires

#### \*Important Dates:

Dec. 10<sup>th</sup>, 2021 Scholarships posted in schoology got students

Jan, 21<sup>st</sup>, 2022 Scholarship Applications Due

Jan. 27<sup>th</sup>, 2022 Applications available for pickup of emailed provider

March 29<sup>th</sup>, 2022 Scholarship Recipients submitted to Rebecca

April 26<sup>th</sup>, 2022 at 8am Local Scholarship Breakfast at Civic Center

#### \*NAB Scholarship Application Requirements:

Minimum requirements are participation in one or more varsity sports for a minimum of 2 years, one of which must be senior year. Also, required is participation in additional school/community activity or volunteer work. You must write a 1-2 page, 1.5 spaced essay describing a time of personal adversity during your playing career. How did being a part of a team/individual sport help you manage, or conquer it, and what you learned from it. Additionally, you must submit a Coaches Evaluation Sheet (if you are in multiple sports, please have each coach submit one).

### I. NAB Website/Social Media- Willy Mena & Elisa Endress (both absent)

### J. Restaurant Fundraising- Pati Harpenau

\*NAB Blaze Pizza December 15<sup>th</sup> 12pm-9pm. Flyer has been sent via email; please pass onto your teams!

\*Next NAB Dine In Event will be at Panera on Jan. 12, 2022 from 4-8pm. Flyer has been sent via email; please pass onto your teams!

### K. Spirit Wear- Rob Armstrong

\*\$2,383.00 was made from 3 events. Trying to get to basketball events.

### L. Sports Pass-Amy Matas

\*In the past month have sold: 1 individual pass, 7 family passes, and 3 NFHS subscriptions

\*Have met about 73% of budget goal.

\*As new sports start up are checking in with them and attended their events.



### **Committee Reports Continued:**

M. Sports Program – Jamie Young, Mark Tobias, Susan Vargas & Carrie Modreski

\*Winter Good Luck Ads due THIS Friday, Dec. 10<sup>th</sup>. Flyer has been sent via email; please pass onto your teams!

\*Winter edition is underway!

\*Earn \$\$money\$\$ for your team by selling ads for the sports program. Flyer in the back.

N. TasteFest- Julie Londo

O. Wildcat Elementary Night- Rebecca Spence

\*Thank you to Girls Basketball for taking this on.

P. Other....

### **Hot Topics/ New Business/Ideas-Questions:**

\*Dine to Donate at Texas Road House for Boys Basketball December 8<sup>th</sup> or December 9<sup>th</sup>. Please see flyer in the back. Has been sent via email; please pass onto your teams.

**Meeting Adjourned at: 7:53pm**

### **2021-2022 Upcoming NAB Meeting Schedule:**

**January- NO MEETING**

**February 9**

**March 9**

**April 13**

**May 11**

**June 8**

**July- NO MEETING**

### **2021-2022 Novi Athletic Boosters Board**

**President- Sheri VanKirk Email: [president@noviathleticboosters.com](mailto:president@noviathleticboosters.com)**

**Vice President- Amy Matas Email: [amymatas@yahoo.com](mailto:amymatas@yahoo.com)**

**Treasurer- Tim Beaty Email: [tbeaty@patmillikenford.com](mailto:tbeaty@patmillikenford.com)**

**Secretary- Jamie Young Email: [nabsecretarywildcats@gmail.com](mailto:nabsecretarywildcats@gmail.com)**

**Trustee- Elisa Endress Email: [elisaendress@gmail.com](mailto:elisaendress@gmail.com)**

**Trustee- Tierra Turner Email: [tierraturner3@gmail.com](mailto:tierraturner3@gmail.com)**

**Trustee- Susan Vargas Email: [vargasgoblue@gmail.com](mailto:vargasgoblue@gmail.com)**

**Middle School Trustee- Kaija Juszak Email: [ksjuszak@gmail.com](mailto:ksjuszak@gmail.com)**



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